

Medicines



What do I need to know about my medicines?

► You need to know the answers to these questions for each medicine you take.

Why am I taking it?

Are there any medicines that I shouldn't stop taking suddenly?

Are there any side effects?

How does it work?

Can I increase or reduce the number of tablets I take without talking to my doctor?

Are there any serious side effects I need to tell my doctor about straight away?

How long do I have to take it for?

How do I take it?
With meals? Morning?
Evening?

What if I have concerns about taking my medicines?

Is there a maximum number of tablets I can take a day?
What if I'm using more?

Is there anything I shouldn't eat or drink with it?

Am I taking the right medicine?

What should I do if I forget to take a dose?

How necessary is it for me to take it?

Am I taking my medicine at the right time?

Am I taking the right dose?

