

NAME: \_\_\_\_\_

# My Paxlovid plan

(say 'pax-low-vid')

**Paxlovid is given to some people to help fight a COVID-19 virus infection. This plan is to help you record all your medicine doses when taking Paxlovid.**

Paxlovid is made up of 2 antiviral medicines:

- nirmatrelvir (pink tablet)
- ritonavir (white tablet).

It's important to take these tablets as described below.





**My dose is: \_\_\_\_\_ pink tablet(s) AND 1 white tablet.**

**Take these tablets together every morning AND every evening for 5 days.**

Try to space the doses 12 hours apart, such as 8am and 8pm.

Tick the box when you have taken your dose to help you keep track.

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Date						
Day of the week						
Every morning  (From the yellow section of the foil)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Every evening  (From the blue section of the foil)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If your first dose was in the evening on day 1 your last dose will be in the morning on day 6.

 **Changes you may need to make to your other medicines are listed on the next page**



## You may need to stop or adjust your other medicines

Paxlovid may affect some of your other medicines and cause serious side effects. For this reason you may need to stop or change the dose of your other medicines, as directed by your healthcare provider.

### MEDICINES TO STOP TAKING

Stop taking the medicines, vitamins and supplements listed below.

Your healthcare provider will also let you know when you can start taking these medicines again.

Medicine name	What it's for	 Date to be stopped	 Date to be restarted

### MEDICINES THAT NEED A CHANGE OF DOSE

Your healthcare provider will let you know:

- which medicines need a change of dose
- the date to start the dose change, and
- when to return to your previous dose.




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If you feel worse or have any questions about your medicines, contact:

 For more information about Paxlovid, including side effects, visit [hn.org.nz/Paxlovid](https://hn.org.nz/Paxlovid)