

# 利伐沙班

(又名拜利妥，拜瑞妥)

你已被配發藥物:利伐沙班，以降低中風的風險。利伐沙班用於預防和治療血液凝塊，包括由於心房顫動（心律不規則）引起的血液凝塊。



## 與食物和水一起服用利伐沙班



每天服用一塊藥片。



在每天同一時間服用藥片。



將藥片與食物一起服用能令其發揮更好效用。

## 漏服利伐沙班會增加你出現血凝塊的風險

如果你漏服一劑但在同一天發現，請服用該劑量。如在次日發現，請跳過劑量。

請勿同時服用兩劑，以彌補錯過的一劑。

## 利伐沙班是一種長期藥物

- 在你服用完現有的藥片之前，請先獲取處方。
- 確保你有足夠的藥片應付週末和假日。
- 除非有醫生指示，否則請勿停止服用利伐沙班。過早停用藥物會導致血栓和中風。

## 告訴你的醫療保健提供者

詢問你的醫生或藥劑師是否可以安全服用任何新藥或草藥補品。有些藥物會影響利伐沙班。

告訴所有醫療保健提供者你正在服用利伐沙班（例如，你的醫生、牙醫、藥劑師或足病醫生）。你可能需要在手術、牙科護理和某些測試之前停止服用利伐沙班。

如果你正在懷孕、正準備受孕或開始母乳喂養，請告訴你的醫生。

### 利伐沙班會增加出血風險

避免接觸性運動、紋身、穿孔和深層按摩。

如果你發現這些副作用，請立即聯絡你的醫生或致電 Healthline (0800 611 116)：

- 紅色或棕色的小便，或黑色的大便
- 不尋常的瘀傷
- 流鼻血
- 咳出血或棕色斑點
- 嚴重頭疼
- 割傷或跌倒後大量出血。

想知道更多有關利伐沙班的信息，請瀏覽 [healthnavigator.org.nz/rivaroxaban](http://healthnavigator.org.nz/rivaroxaban)

# Rivaroxaban

(Also known as Xarelto)

You have been given rivaroxaban to lower your risk of having a stroke. Rivaroxaban is used to prevent and treat blood clots, including those caused by atrial fibrillation (irregular heart beat).



## Take rivaroxaban with food and water



Take ONE tablet once a day.



Take your tablet at the same time each day.



Taking your tablet with food helps to make it work better.

## Missing doses of rivaroxaban increases your risk of getting a blood clot

If you have missed a dose and you remember on the same day, take the missed dose. If it is the next day, skip the dose.

DO NOT take two doses at the same time to make up for a missed dose.

## Rivaroxaban is a long-term medicine

- Get your prescription before you run out of tablets.
- Make sure you have enough tablets for weekends and holidays.
- Don't stop taking rivaroxaban unless your doctor tells you to. Stopping too early can lead to blood clots and stroke.

## Tell your healthcare provider

Ask your doctor or pharmacist if it is safe to take any new medicines or herbal supplements. Some medicines can affect rivaroxaban.

Tell all healthcare providers that you are taking rivaroxaban (eg, your doctor, dentist, pharmacist or podiatrist). You may need to stop rivaroxaban before surgery, dental care and some tests.

Tell your doctor if you become pregnant, are trying for a baby or start breastfeeding.

### Rivaroxaban increases your risk of bleeding

Avoid contact sports, tattoos, piercings and deep massage.

### Contact your doctor or Healthline 0800 611 116 urgently if you notice these side effects:

- red or brown pee, or black poo
- unusual bruising
- nosebleeds
- coughing up blood or brown spots
- bad headaches
- bleeding a lot after a cut or fall.

For more information about rivaroxaban, visit [healthnavigator.org.nz/rivaroxaban](http://healthnavigator.org.nz/rivaroxaban)